How to Reach Us

Main Number, Greenbaum Surgical Specialty Hospital: 480-882-4958
Operator, Scottsdale Healthcare Osborn Medical Center: 480-882-4000
Classes and Screening Events: 480-882-4636
Diagnostic Imaging Scheduling, Osborn Medical Center: 480-882-4703
Find a Doctor: 480-882-4636
Gift Shop, Osborn Medical Center: 480-882-4055
Inpatient Unit, Greenbaum Surgical Specialty Hospital: 480-882-4588
Medical Records: 480-882-4060
Patient Billing Inquiries: 602-445-3370
Pre-admission Teaching and Testing: 480-882-6879

Greenbaum Surgical Specialty Hospital

Patient Guide

World-Class Patient Care | The Best Physicians | Latest Technology | Compassionate Staff
Going Above and Beyond to Meet Your Needs

Experienced surgeons—Our skilled surgeons perform a wide variety of procedures, from simple to more complex, such as joint replacements and spine surgeries. Many of these procedures are done with a minimally invasive approach so patients experience less pain, scarring, complications and recovery time.

Compassionate nurses—Focused on serving you and your family, our nurses blend a caring touch with expert knowledge. These responsive professionals emphasize quality patient care through innovation, technology and evidence-based practice.

Advanced technology—Large, high-tech operating rooms feature leading-edge equipment for the safest and most efficient and effective surgical procedures.

Answers and information—Understanding staff members ensure that all necessary tests are done in advance of your surgery and any questions you have are answered. After your procedure, we’ll update your loved ones on your condition and when they can visit you.

Comfort and convenience—From our healing environment and home-like waiting area to our trouble-free parking and accessible location in downtown Scottsdale, Greenbaum Surgical Specialty Hospital is designed to make your surgery experience as pleasant as possible for you and your family members.

Peace of mind—We offer a fully accredited inpatient unit with private rooms in case you need additional nursing care before returning home. Special rooms also are available for helping patients with chronic pain management.

If for any reason you need a higher level of care, our full-service hospital, Scottsdale Healthcare Osborn Medical Center, is just across the street.

Questions?

Please contact your surgeon directly or our Pre-admission Teaching and Testing department at 480-882-6879.

We provide the quality care you need for a successful surgery and speedy recovery.

Conveniently located on the Scottsdale Healthcare Osborn Medical Center campus, we’re home to the best surgeons, latest technology and a compassionate staff.

That means you can count on us for the world-class patient care you expect and deserve.

Cover photo:
Orthopedic surgeon Gregory Evangelista, MD and an orthopedic specialty nurse talk with a patient prior to surgery.
Our Specialty Areas

- Orthopedic surgery
- Spine surgery
- Urological surgery
- General surgery
- Gynecological surgery
- Ear-nose-throat procedures
- Ophthalmic surgery, such as cataracts and retinal procedures
- Maxillofacial surgery
- Cosmetic/reconstructive surgery

Nurses Earn Highest Honor

Scottsdale Healthcare is Arizona’s first and only multihospital system to earn Magnet recognition, the highest honor for nursing care earned by only 6 percent of the nation’s hospitals.

This prestigious designation by the American Nurses Credentialing Center, a division of the American Nurses Association, assures that you’ll receive excellent nursing care from staff members at our Greenbaum Surgical Specialty Hospital.

Compassionate nurses focus on providing quality care, managing pain and facilitating a speedy recovery.
Preparing for Your Surgery

Before Your Surgery

• Do not eat or drink anything, including chewing gum and water
  If you’re having surgery in the morning, do not eat or drink after midnight prior to your scheduled time. If your surgery is in the afternoon, you may drink clear liquids up until eight hours prior to your scheduled surgery, then nothing by mouth. Please note that your surgery may be delayed or cancelled if these precautions are not followed.

• Arrange for transportation and care
  You will be given medications that may make you drowsy, lightheaded, dizzy and/or nauseated. For your safety, a responsible adult will need to drive you home following your surgery. You may not take a taxi home. Your driver should be readily available by telephone or can wait for you in the waiting area. Please arrange for someone to stay with you for 24 hours following your surgery. During this time, you may not drive if you have received sedation or general anesthesia. You also should not plan to make important decisions or sign legal documents for at least 24 hours.

• Ask your physician about daily medications
  Medications such as blood thinners, aspirin or herbal medications may need to be discontinued briefly before surgery, while daily medications for high blood pressure, diabetes or other conditions may need to be continued. Be sure to ask your physician if you should take any medications the night before or day of your surgery.

• Check with your insurance carrier
  Obtain any needed pre-certification—Most insurance companies require pre-certification or pre-authorization for surgical procedures. Note that it is your responsibility to verify with your insurance company whether pre-certification or a second opinion is needed for your specific procedure. Please be informed of your insurance requirements! Your physician’s office is the best source of information regarding required information for pre-certification. It is important to remember that absence of this information may cause a delay or cancellation of your surgery.
  Out-of-network physicians or services—Because insurance coverage varies from policy to policy, you may want to ensure that our professional services have been contracted with your insurance carrier.

• Pre-registration and payment for your surgery
  Our staff will contact you prior to your surgery date to verify your demographic and insurance information if you have not had a recent visit to one of our facilities. If your insurance requires a patient deductible, co-payment or co-insurance amount, our staff will inform you of your deposit amount when you are contacted. You may pay at that time or on the day of your surgery.

• Monitor your health
  Call your surgeon if you develop a cold, fever or respiratory infection before surgery.

• Attend pre-admission teaching and testing
  This important step ensures your safety and minimizes delays and anxiety. A meeting with a nurse several days prior to your surgery is available and recommended. During the meeting, necessary paperwork will be completed and the nurse will explain your procedure, answer your questions and carefully review any medications you take. You will undergo any pre-surgery tests that your doctor has ordered, and the results will be shared with your physician.
  For more information, call 480-882-6879.
• Be sure to arrive on time
Adults should arrive two hours prior to the scheduled surgery time unless instructed by their physician or the pre-operative nursing staff. Children age 12 and younger may arrive 90 minutes before their scheduled surgery time.

• Leave all jewelry and valuables at home
This includes body piercing jewelry, computers, cell phones and other electronic devices.

• Remove contact lenses
All contact lenses, including extended wear, must be removed prior to general anesthesia cases. If you wear contacts to our facility, please bring a case and solution so they can be removed.

• Wear casual, loose clothing
Please arrive in clothing that does not need to be pulled over your head. (You will be given a surgical gown and cap to wear during surgery and recovery.) You may bring comfortable sleepwear to wear home.

• Minors must be accompanied by a parent or legal guardian
A minor’s parent or legal guardian must remain at our facility while the minor is receiving care. Please arrange for a separate driver so you can care for minors on the way home.

• Bring needed power of attorney or guardianship papers
These papers must be provided for adults unable to sign their own registration papers or minors accompanied by someone other than their custodial parents. The individual named on power of attorney papers must be in attendance to sign all papers.

• Females age 10-55 will be required to provide a urine specimen
What Can I Expect?

**Pre-surgery**
If your procedure involves anesthesia, your anesthesiologist will consult with you in the pre-operative area on the day of your surgery. Your surgeon also will check with you regarding any last-minute questions you might have.

**Operating room**
Specially trained operating room nurses and healthcare professionals will stay with you throughout your entire surgery. If you are having anesthesia, your anesthesiologist will monitor you throughout your procedure.

**Post-anesthesia care**
After your surgery, you will be taken to the post-anesthesia care unit (PACU). Depending on your procedure and the type of anesthesia you received, you can expect to be there anywhere from 30 minutes to two hours. If you experience nausea, dry mouth, chilliness, pain or discomfort, please let your nurses know. They are dedicated to your care and comfort and will be happy to help.

When your condition allows, you will be moved to an area of the PACU where friends and family may visit.

**Discharge**
Your physician will provide specific discharge instructions. These will be given to you and/or your family member by our nursing staff. Due to medication, you may not remember what was discussed. If you have questions or concerns, please contact your physician.

**Recovery**
You can expect to experience some pain after your surgery. If needed, take prescribed pain and/or nausea medication as directed by your physician.

If you have questions about your surgery or treatment, it is best to contact your surgeon or physician.

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**Checklist**

- Patient’s name: ____________________________________________
- Surgery date: _____________________________________________
- Arrival time: _______________ Surgery time: _________________
- Special instructions: _______________________________________

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**Before your surgery, remember:**
- Do not eat or drink anything.
- Be sure you have transportation and care.
- Talk to your physician about any medications you take.
- Check about insurance pre-certification and coverage.
- Talk with your surgeon if you become sick prior to your procedure.
- Complete pre-admission teaching and testing.
- Bring your insurance cards, photo ID and method of payment.
- Leave all jewelry and valuables at home.
- Remove contact lenses.
- Wear casual, loose clothing.
- Have a separate driver if you’re caring for a minor.
- Bring power of attorney or guardianship papers if needed.